



# SIR GURUDAS MAHAVIDYALAYA

(Affiliated to University of Calcutta) [Registered under 2(F) & 12(B) of UGC Act]

Accredited by NAAC with Grade B++

33/6/1, Biplabi Barin Ghosh Sarani, Muraripukur, Ultadanga, Kolkata – 700 067

Website [www.sirgurudasmahavidyalaya.com](http://www.sirgurudasmahavidyalaya.com)

Email [principal.gurudas@gmail.com](mailto:principal.gurudas@gmail.com) Phone 2356 0404 Mobile 94335 60404

Date: 12.06.2026

## NOTICE

The students of Sir Gurudas Mahavidyalaya are hereby notified that our college is observing International Day of Yoga (IYD) from 7<sup>th</sup> June 2026 to 21<sup>st</sup> June 2026 .

To register for the International Day of Yoga 2026 Guinness World Record attempt, give a missed call to 1800-315-7008.

You will instantly receive a WhatsApp message with your participation link.

Key Event Details:

- Date: June 14, 2026
- Time: 6:15 AM to 7:35 AM IST
- Theme: Yoga for Healthy Ageing
- How to join: Access the live event via the [Ministry of Ayush Website](#)

**YOUR ACTIVE PARTICIPATION IS HIGHLY SOLICITED.**

Note: Every participant must log in individually on their own device, as each device counts toward the Guinness World Record attempt.

  
Principal  
Principal  
Sir Gurudas Mahavidyalaya  
Kolkata - 700 067